



Endocrine Society of India
(ESI)



ON THE OCCASION OF WOMEN'S DAY

Women Endocrine Care **WE CARE**

Invites you to a unique meeting to discuss
Endocrine Aspects of Women's Health

Venue : Courtyard by Marriott, Mumbai



4th & 5th March 2023



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ORGANIZING COMMITTEE

ORGANIZING CHAIRPERSONS

DR. JAYASHRI SHEMBALKAR

DR. VAISHALI DESHMUKH

ORGANIZING SECRETARIES

DR. SHEHLA SHAIKH

DR. ANITA KHANDELWAL

SCIENTIFIC CHAIRPERSONS

DR. VAISHALI NAIK

DR. PRATIBHA PAWAL

SCIENTIFIC SECRETARIES

DR. TEJAL LATHIA

DR. NIKITA DOSHI

TREASURER

DR. SWETA BUDYAL



LOCAL ORGANIZING COMMITTEE

Dr. Chandani Seth	Dr. Charushila Dhole	Dr. Gayatri Ghanekar
Dr. Jasmina Vora	Dr. Kanchan Kewalramani	Dr. Manjiri Karlekar
Dr. Phulrenu Chauhan	Dr. Piya Ballani	Dr. Pratibha Pawal
Dr. Rucha Mehta	Dr. Saba Memon	Dr. Sajal Kamat
Dr. Shivangi Singh	Dr. Sonali Kagne	Dr. Varsha Jagtap

CENTRAL ORGANIZING COMMITTEE

Dr. Belinda George	Dr. Gagan Priya
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DAY 1 | HALL A

4th March, 2023 (Saturday)

TIME	TOPIC	FORMAT	SPEAKER
2:00-3:30 PM	ADOLESCENT ENDOCRINOLOGY		
	Moderators: Dr. Sweta Budyal, Dr. Chandani Seth, Dr. Phulrenu Chauhan Chairpersons: Dr. Padma Menon, Dr. N. F. Shah		
2:00-2:05 PM	Introduction		Dr. Chandani Seth
2:05-2:20 PM	Adolescent PCOS	Talk	Dr. Preeti Dabadgao
2:25-2:40 PM	Obesity and type 2 diabetes during adolescence	Talk	Dr. Shaila Bhattacharya
2:45-3:25 PM	Endocrine implications of substance abuse	Panel discussion	Moderator: Dr. Sweta Budyal Panelists: Dr. Ganapathi Bantwal Dr. Sagarika Mukherjee Dr. Hiya Boro
3:25-3:30 PM	Summary		Dr. Phulrenu Chauhan
3:30-5:00 PM	Osteo-Endocrinology		
	Moderators: Dr. Jayashri Shembalkar, Dr. Vaishali Naik, Dr. Jasmina Vora Chairpersons: Dr. P. S. Lamba, Dr. Padma Menon		
3:30-3:35 PM	Introduction		Dr. Vaishali Naik
3:35-3:50 PM	Glucocorticoid induced Osteoporosis	Talk	Dr. Manoj Chadha
3:55-4:10 PM	Treatment of early postmenopausal osteoporosis Newer Insight	Talk	Dr. Usha Sriram
4:15-4:55 PM	Vitamin D use and misuse	Panel discussion	Moderator: Dr. Jayashri Shembalkar Panelists: Dr. Pramod Gandhi Dr. Jayashree Gopal Dr. Parag Shah
4:55-5:00 PM	Summary		Dr. Jasmina Vora

DAY 1 | HALL A

4th March, 2023 (Saturday)

TIME	TOPIC	FORMAT	SPEAKER
5:00-6:45 PM	Rapid Fire: Endocrine Emergencies		
	Moderator: Dr. Saba Memon Chairpersons: Dr. N. F. Shah, Dr. SnehaKothari		
5:00-5:15 PM	Hypertensive crisis: when to suspect endocrine causes	Talk	Dr. Tushar Bandgar
5:20-5:35 PM	A case-based approach to pituitary apoplexy	Talk	Dr. Rama Walia
5:40-5:55 PM	A case-based approach to hyponatremia	Talk	Dr. Sujoy Ghosh
6:00-6:15 PM	A case-based approach to hypocalcemia	Talk	Dr. Nalini Shah
6:20-6:35 PM	Approach to a patient with non-diabetic hypoglycemia	Talk	Dr. P. K. Jabbar
6:40-6:45 PM	Bullet points		Dr. Saba Memon
6:45-8:30 PM	Obesity: ESI Obesity Week		
	Moderators: Dr. Nitin Kapoor, Dr. Gagan Priya Chairpersons: Dr. Ameya Joshi, Dr. Altamash Shaikh		
6:45-7:00 PM	Should we consider obesity as a chronic disease?	Talk	Dr. Shashank Joshi
7:05-7:20 PM	Clinical assessment of a person with obesity	Talk	Dr. Indira Maisnam
7:25-7:50 PM	Pharmacological management of obesity: current scenario and future trends	Talk	Dr. Arya Sharma
7:55-8:30 PM	A multidisciplinary approach to the management of obesity	Panel discussion	Moderator: Dr. Nitin Kapoor, Dr. Gagan Priya Panelists: Dr. Beena Bansal Dr. Mythili A Dr. Sheryl Salis Dr. Sandeep Jhulka
8:30-8:50 PM	Diabetes Remission Myth Or Reality	Plenary session	Chairpersons: Dr. Roshni Sanghani Dr. Mythili Speaker: Dr. Sarita Bajaj

DAY 1 | HALL B

4th March, 2023 (Saturday)

Meet The Experts

TIME	TOPIC	SPEAKER
2:00-3:00 PM	Out of the box	Moderator: Dr. Sonali Kagne / Dr. Charushila Dhole
2:00-2:15 PM 2:15- 2:30 PM 2:30-2:45 PM 2:45-3:00 PM	100 years of Insulin What's new in Therapeutics Managing diabetes beyond medications Discussion	Dr. Sandeep Jhulka Dr. Pramila Kalra Dr. Om Lakhani
3:00-4:00 PM	Sports Endocrinology	Moderator: Dr. Sonali Kagne
3:00-3:15 PM 3:15-3:45 PM 3:45-4:00 PM	a. Is it relevant? Duologue: b. Use and Abuse of performance enhancing drugs and hormones Discussion	Dr. Nalini Kopalle Duologue: Dr. Beena Bansal Dr. Sowrabha Bhat
4:00-5:00 PM	Approach to youth-onset diabetes	Moderator: Dr. Gayatri Ghanekar
4:00-4:15 PM 4:15- 4:30 PM 4:30-5:00 PM	a. Is it a distinct entity ? b. Management of young diabetes mellitus patient Discussion	Dr. Abhay Sahoo Dr. Kaushik Pandit
5:00-6:00 PM	Approach to a young person with endocrine conditions	Moderator: Dr. Darshana Thakur
5:00-5:15 PM 5:15-5:30 PM 5:30-5:45 PM 5:45-6:00 PM	a. Fracture b. Obesity c. Hypertension Discussion	Dr. Ganapathi Bantawal Dr. A. G. Unnikrishnan Dr. Anurag Lila
6:00-6:30 PM	Communication in the endocrine clinic	Moderators: Dr. Tejal Lathia Panelists: Dr. Manoj Chaddha Dr. Neelam Pandey Dr. Chitra Selvan

DAY 2 | HALL A

5th March, 2023 (Sunday)

TIME	TOPIC	FORMAT	SPEAKER
9:00-10:30 AM	ENDOCRINE ONCOLOGY		
	Moderators: Dr. Vaishali Deshmukh, Dr. Sajal Kamat, Dr. Varsha Jagtap Chairpersons: Dr. David Chandy, Dr. Archana Juneja		
9:00-9:05 AM	Introduction		Dr. Varsha Jagtap
9:05-9:20 AM	Use of menopausal HRT: a critical overview of Women Health Initiative – an oncologist's perspective	Talk	Dr. Amita Maheshwari
9:20-9:40 AM	Overview of immune check point inhibitors	Talk	Dr. Jyoti Bajpai
9:40-9:55 AM	Management of Endocrine side effects of immune checkpoint inhibitors	Talk	Dr. Rakesh Sahay
9:55 -10.25 AM	Endocrine issues in women cancer survivors	Panel Discussion	Moderator: Dr. Varsha Jagtap Panelists: Dr. Chetan Deshmukh, Dr. Jayashree Swain Dr. Belinda George Dr. Savita Goswami
10:25-10:30 AM	Summary		Dr. Vaishali Deshmukh
10:30-12:00 PM	Neuroendocrinology		
	Moderators: Dr. Anita Khandelwal, Dr. Shivangi Singh, Dr. Nikita Doshi Chairpersons: Dr. Pramila kalra, Dr. Sambit Das		
10:30-10:35 AM	Introduction		Dr. Shivangi Singh
10:35-10:50 AM	Approach to Precocious Puberty in girls	Talk	Dr. KVS HariKumar
10:50-11:05 AM	Assessment of Delayed puberty in girls	Talk	Dr. Sri Nagesh
11:05-11:20 AM	Assessment of Anterior Pituitary functions	Talk	Dr. Ganesh HK
11:20-11:55 AM	Management strategies of hypopituitarism	Panel discussion	Moderator: Dr. Nikita Doshi Panelists: Dr. Rajeshwari Jenakiraman Dr.Asha HS Dr. Joe George Dr. Pramila Dharmashaktu
11:55-12:00 PM	Summary		Dr. Anita Khandelwal

DAY 2 | HALL A

5th March, 2023 (Sunday)

TIME	TOPIC	FORMAT	SPEAKER
12:00-1:30 PM	Gynaecological Endocrinology		
	Moderators: Dr. Piya Ballani, Dr. Manjiri Karlekar, Dr. Rucha Mehta Chairpersons: Dr. K. Neelaveni, Dr. David Chandy		
12:00-12:05 PM	Introduction		Dr. Manjiri Karlekar
12:05-12:20 PM	Metformin - Current Status in GDM	Talk	Dr. Saptarshi Bhattacharya
12:25-12:40 PM	Lean PCOS	Talk	Dr. Ashraf Ganie
12:25-12:40 PM	Hyperprolactinemia: when to treat?	Talk	Dr. Parjeet Kaur
12:45-1:25 PM	Endocrine evaluation in a woman with subfertility	Panel discussion	Moderator: Dr. Piya Balani Panelists: Dr. Jugal Gada Dr. Richa Chaturvedi Dr. Neelakshi Dekka Dr. Sunetra Mondal
1:25-1:30 PM	Summary		Dr. Rucha Mehta

SCIENTIFIC PROGRAMME

DAY 2 | HALL B

5th March, 2023 (Sunday)

Meet The Experts

TIME	TOPIC		SPEAKER
9:00-10:00 AM	Transgender care		Moderator: Dr. Gayatri Ghanekar
9:00-9:15 AM	a. Biology of Gender Identity and Gender Incongruence		Dr. Mohan T Shenoy
9:15-9:45 AM	b. Review of medical and social barriers to transgender care		Dr. Sruti Chandrasekharan
9:45-10:00 AM	Discussion		Dr. Suja Sukumar
10:00-11:00 AM	Interpretation of abnormal thyroid functions and imaging		Moderator: Dr. Kanchan Kewalramani
10:00-10:15 AM	1) Fallacies in thyroid function test		Dr. K. Neelaveni
10:15-10:45 AM	2) Interpretation of thyroid Imaging		Dr. Nikhil Bhagwat
10:45-11:00 AM	Discussion		Dr. Asif Momin
11:00-12:00 PM	Approach to diabetic foot		Moderator: Dr. Kanchan Kewalramani
11:00-11:30 AM	1) Pathogenesis and evaluation of diabetic foot		Dr. Sahana Shetty
11:30-11:45 AM	2) Pitfalls in management of diabetic foot		Dr. Sambit Das
11:45-12:00 PM	Discussion		Dr. Tushar Rege
12:00-1:00 PM	Clinical research in endocrinology		Moderator: Dr. Shivangi Singh
12:00-12:30 PM	Applying systematic review metanalysis to clinical decision making		Dr. Deep Dutta
12:30-12:45 PM	Planning meaningful research for day to day practice		Dr. Lakshmi Nagandra
12:45-1:00 PM	Discussion		Dr. Elizabeth Kripa Cherian
1:00-1:30 PM	Beyond Endocrinology		
1:00-1:15 PM	Managing burnout	Talk	Dr. Mahati Chittam
1:15-1:45 PM	Medical practice in current scenario	Talk	Dr. Chitra Selvan

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